

# WHAT'S HAPPENIN'

AT MOUNTAIN TOP

**OCTOBER 12TH - OCTOBER 18TH**

## MONDAY, OCTOBER 12TH

### Clubhouse Dining Closed

15/15/15.....9am | Activity Center  
Core Activation.....10am | Activity Center  
Pilates for Everyone.....11am | Activity Center  
Clubhouse Bar Open..... 11am-7pm

## TUESDAY, OCTOBER 13TH

### Clubhouse Dining Closed

First Tee Time.....11am  
Clubhouse Bar Open.....11am-7pm  
Body Sculpt.....11:15am | Activity Center

## WEDNESDAY, OCTOBER 14TH

### Clubhouse Dining Closed

Zumba.....9am | Activity Center  
Clubhouse Bar Open.....11am - 7pm

## THURSDAY, OCTOBER 15TH

Total Body Tabata.....9:15am | Activity Center  
Dine-In Lunch Available.....11am - 3pm  
Yin/Yang Yoga Flow.....11:15am | Activity Center  
Dine-In Dinner Available.....6pm - 9pm

## FRIDAY, OCTOBER 16TH

15/15/15.....9am | Activity Center  
Core Activation.....10am | Activity Center  
Pilates for Everyone.....11am | Activity Center  
Dine-In Lunch Available.....11am - 3pm  
Dine-In Dinner Available.....6pm - 9pm

## SATURDAY, OCTOBER 17TH

Bartram Trail Osage Overlook to Scaly Mountain Hike.....9am | Valet  
Dine-In Lunch Available.....11am - 3pm  
Dine-In Dinner Available.....6pm - 9pm

## SUNDAY, OCTOBER 18TH

Dine-In Lunch Available.....11am - 3pm  
Clubhouse Bar Open.....11am - 7pm